



Glenmore Forest Park

Cairngorms National Park

Facilities

- | | |
|------------------|--------------------|
| Parking (charge) | Blue badge parking |
| Parking (charge) | Accessible toilets |
| Toilets | Accessible toilets |
| Café | Visitor Centre |
| Trails | Picnic area |
| Mountain access | Cycling |
| Campsite | Caravan site |

Please note: Any symbols that appear black indicate they are not Forestry and Land Scotland facilities.

We hope you have a lovely time today. Here are a few things you can do to help keep this place special.



Do not light fires or BBQs.



Please take all litter home or use bins provided on site.



Please plan ahead and book a local campsite.



Walk your dog on a lead from **1 April- 31 August** where asked to do so to help ground nesting birds.

Location

Nearest postcode: PH22 1QU, which is for Glenmore Visitor Centre

How to get here

From the roundabout at the south end of Aviemore, follow the signs for 'The Cairngorms' for 6 miles. The four Glenmore car parks listed below are in a 1½ mile stretch starting with Loch Morlich Beach car park at the far end of Loch Morlich.

Trail Information

From Loch Morlich **1** beach car park



Beach Trail ●●●

Meander through the beautiful pine, birch and alder woods by the Alt Mor burn and Loch Morlich's golden sands.

Mostly wide, smooth gravel path with section following smooth roadside pavement. Some short moderate slopes.



1½ miles / 2.4 km
Allow 1 hour



Loch Morlich Trail ●●●

A charming circuit round the water, with fine views of the mountains above and a good chance of seeing goldeneye, red-throated divers and even otters.

Mostly wide, smooth and flat gravel surface. Some uneven gravel and earth sections, with potentially muddy areas. Short moderate slopes and one steep ramp. Includes two road crossings.



3½ miles / 5.8 km
Allow 2 hours



Trail Information (continued)

From Glenmore Visitor Centre **2**



Ryvoan Trail ●●●

Visit the enchanting An Lochan Uaine (The Green Lochan) and enjoy the splendour of the ancient pine and birch forest all around.

Mostly smooth gravel track with some moderate slopes. Some short fairly steep slopes. One road crossing and short roadside section.



3½ miles / 5.8 km
Allow 2½ hours

You can also park at the Allt Mor car park for access to Ryvoan Pass and An Lochan Uaine.

From Hayfield car park **3**



Pine Knoll Trail ○○○

Walk beneath the twisted old pine trees where wood ants build their nests and dragonflies dart about beneath the canopy.

Firm gravel and earth surface throughout. Some loose and uneven sections, and occasional muddy patches after rain. Generally flat with a few moderate slopes and one short flight of steps.



1¼ miles / 2.2 km
Allow ¾ hour

From Allt Mor car park **4**



Lodge Trail ●●●

Explore the atmospheric pine woods around Glenmore's National Outdoor Learning Centre.

Mostly wide, uneven gravel surface with some potentially muddy patches. Includes a couple of short fairly steep slopes and some low branches.



2½ miles / 3.9 km
Allow 1½ hours

Continue on to An Lochan Uaine and access to Ryvoan Pass from this trail.

Additional longer distance trails

The Old Logging Way ●●● 6½ miles / 10.5 km each way

A great link between Glenmore and Aviemore, this well-surfaced track with gentle gradients is ideal for cyclists.

This trail is not waymarked, however it is signposted and is very easy to follow.

Meall a' Bhuachaille hill path - - - 5 miles / 8 km including return via Ryvoan

There's a popular hill route from the visitor centre up to Meall a' Bhuachaille – the hill of the shepherd.

This is a steep, rocky mountain path and weather conditions can change very quickly. You should have proper hill-walking equipment including appropriate map and know how to use them.

